

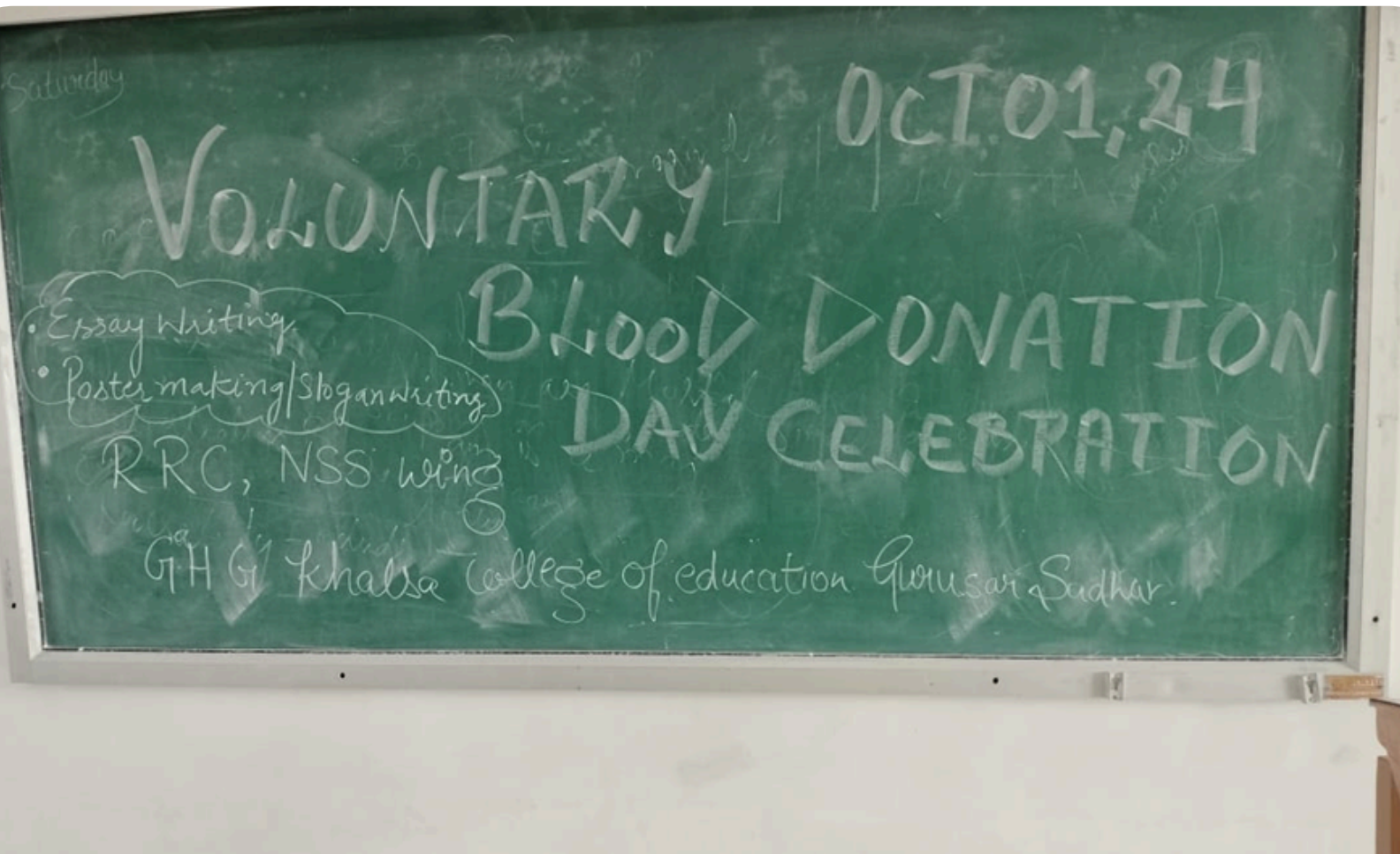
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MONTHLY REPORT



OCTOBER 2024

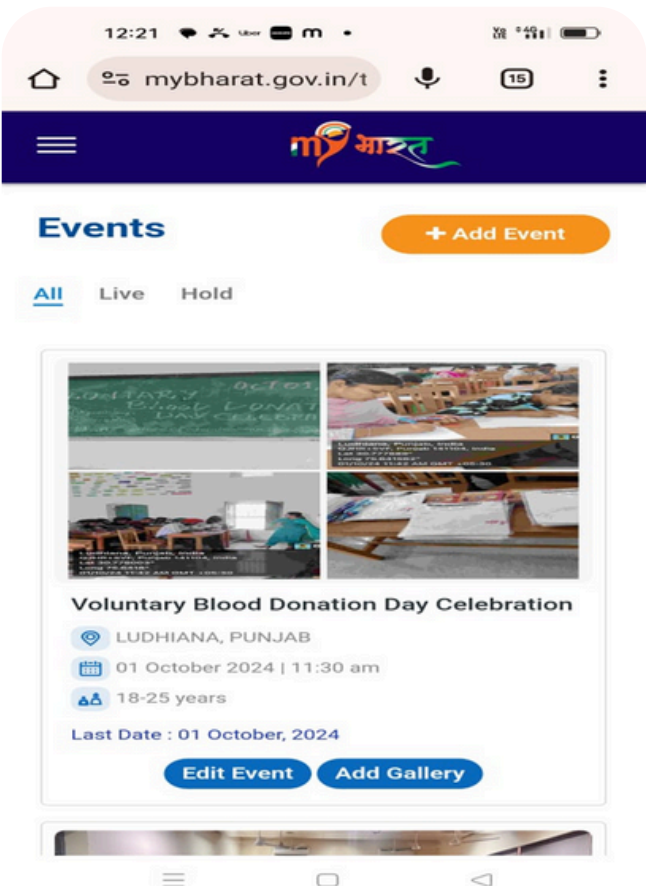
OCT 2024 // Compiled by: Dr. Jasleen Kaur,
Designed by: Mr. Chanpreet Singh,
Published by: GHG Khalsa College of Education



Voluntary Blood Donation Day

RRC&NSS wing of GHG KHALSA COLLEGE OF EDUCATION, GURUSAR SADHAR organised an Essay writing, Slogan writing & Poster making competition to celebrate Voluntary Blood Donation Day





Fight Against Dengue Students Awareness Hands on Activities

In collaboration with CHC Premjit Hospital Sadhar

"ਹਰ ਸ਼ੁੱਕਰਵਾਰ ਡੈਂਗੂ ਤੇ ਵਾਰ" ਮੁਹਿੰਮ ਤਹਿਤ ਜੀ.ਐਚ.ਜੀ.ਖਾਲਸਾ ਕਾਲਜ ਸੁਧਾਰ ਵਿੱਖੇ ਡੈਂਗੂ ਸਬੰਧੀ ਜਾਗਰੂਕਤਾ ਗਤੀਵਿਧੀਆਂ।

**ਕੋਈ ਵੀ
ਬੁਖਾਰ ਹੋ ਸਕਦਾ ਹੈ...**

ਮਲੇਰੀਆ



ਮਲੇਰੀਆ ਬੁਖਾਰ ਮਾਦਾ ਐਨਾਫਲੀਜ਼ ਮੱਛਰ ਦੇ ਕੱਟਣ ਨਾਲ ਫੈਲਦਾ ਹੈ।
ਇਹ ਮੱਛਰ ਖੜ੍ਹੇ ਸਾਫ਼ ਪਾਣੀ ਵਿਚ ਪੈਦਾ ਹੁੰਦੇ ਹਨ। ਇਹ ਮੱਛਰ ਰਾਤ ਅਤੇ ਸਵੇਰੇ ਵੇਲੇ ਕੱਟਦੇ ਹਨ।

ਮਲੇਰੀਆ ਬੁਖਾਰ ਦੇ ਲੱਛਣ

- ★ ਨੱਛ ਅਤੇ ਕਾਂਬੇ ਨਾਲ ਬੁਖਾਰ
- ★ ਤੇਜ਼ ਬੁਖਾਰ, ਉਲਟੀਆਂ ਅਤੇ ਸਿਰ ਦਰਦ ਹੋਣਾ

- ★ ਬੁਖਾਰ ਉਤਰਨ ਤੋਂ ਬਾਅਦ ਬਕਾਵਟ ਤੇ ਕਮਜ਼ੋਰੀ ਹੋਣਾ ਅਤੇ ਸਰੀਰ ਨੂੰ ਪਸੀਨਾ ਆਉਣਾ।

ਮਲੇਰੀਆ ਬੁਖਾਰ ਤੋਂ ਬਚਾਉ ਦੇ ਤਰੀਕੇ :-

- ★ ਘਰਾਂ ਦੇ ਆਲੇ ਦੁਆਲੇ ਅਤੇ ਛੱਤਾਂ ਤੇ ਪਾਣੀ ਇਕੱਠਾ ਨਾ ਹੋਣ ਦਿਉ। ਵਰਤੋਂ ਵਿਚ ਆਉਣ ਵਾਲੇ ਕੂਲਰਾਂ ਦਾ ਪਾਣੀ ਕੱਢ ਕੇ ਹਫ਼ਤੇ ਵਿੱਚ ਇੱਕ ਵਾਰ ਜ਼ਰੂਰ ਸਾਫ਼ ਕਰ ਦਿਓ।
- ★ ਘਰਾਂ ਅਤੇ ਦਫਤਰਾਂ ਵਿੱਚ ਮੱਛਰ ਬਰਾਓ ਕਰੀਮਾਂ / ਤੇਲ ਆਦਿ ਦੀ ਵਰਤੋਂ ਕਰੋ। ਸੌਣ ਸਮੇਂ ਮੱਛਰਦਾਨੀ ਦੀ ਵਰਤੋਂ ਕਰੋ।



ਨੈਸ਼ਨਲ ਹੈਲਥ ਮਿਸ਼ਨ
ਸਿਹਤ ਤੇ ਪਰਿਵਾਰ ਭਲਾਈ ਖੇਤਰੀ ਪ੍ਰੋਗਰਾਮ, ਪੰਜਾਬ



ਗੁਰਮਤਿ ਕਾਲਜ ਆਫ਼ ਐਜੂਕੇਸ਼ਨ
ਪੰਜਾਬ



ਡੈਂਗੂ

ਦਿਵਸ

16 ਮਈ

ਡੈਂਗੂ ਬੁਖਾਰ

ਡੈਂਗੂ ਦਾ ਮੱਛਰ ਸਾਫ਼ ਖੜ੍ਹੇ ਪਾਣੀ ਦੇ ਸੋਮਿਆਂ ਵਿੱਚ ਪੈਦਾ ਹੁੰਦਾ ਹੈ ਅਤੇ ਇਹ ਸਿਰਫ਼ ਦਿਨ ਵੇਲੇ ਕੱਟਦਾ ਹੈ।

ਡੈਂਗੂ ਦੇ ਲੱਛਣ

- ਤੇਜ਼ ਬੁਖਾਰ
- ਸਿਰ ਦਰਦ
- ਮਾਸ ਪੇਸ਼ੀਆਂ ਵਿੱਚ ਦਰਦ
- ਐਂਡਾਂ ਦੇ ਪਿਛਲੇ ਹਿੱਸੇ ਵਿੱਚ ਦਰਦ
- ਚਮੜੀ 'ਤੇ ਦਾਣੇ
- ਮਸੂਰਿਆਂ ਅਤੇ ਨੌਕ ਵਿੱਚ ਮੂਨ ਦਾ ਵਗਣਾ

ਹਰ ਐਤਵਾਰ ਡੈਂਗੂ ਦੇ ਮੱਛਰ 'ਤੇ ਵਾਰ

ਡੈਂਗੂ ਦਾ ਮੱਛਰ ਹਫ਼ਤੇ ਵਿੱਚ ਅੱਧੇ ਤੋਂ ਪੂਰਾ ਮੱਛਰ ਬਣਦਾ ਹੈ। ਆਉ, ਅਸੀਂ ਸਾਰੇ ਮਿਲਕੇ ਹਫ਼ਤੇ ਦੇ ਹਰੇਕ ਐਤਵਾਰ ਨੂੰ ਡੈਂਗੂ ਦੇ ਲਾਰਵੇ ਦੇ ਪੈਦਾ ਹੋਣ ਵਾਲੀ ਜਗ੍ਹਾ (ਜਿਵੇਂ ਕਿ ਕੂਲਰ, ਡਰਾਈਨਾਜ਼, ਫਰਿਜ਼ ਦੀਆਂ ਟਰੇਆਂ ਆਦਿ) ਨੂੰ ਸਾਫ਼ ਕਰਨ ਤੇ ਸੁਕਾਉਣ ਲਈ ਸਹਿਯੋਗ ਕਰੀਏ।

ਬਚਾਅ ਦੇ ਤਰੀਕੇ

- ਕੂਲਰਾਂ, ਡਰਾਈਨਾਜ਼ ਅਤੇ ਫਰਿਜ਼ਾਂ ਦੀਆਂ ਟਰੇਆਂ ਵਿੱਚ ਖੜ੍ਹੇ ਪਾਣੀ ਨੂੰ ਹਫ਼ਤੇ ਵਿੱਚ ਇੱਕ ਵਾਰ ਜ਼ਰੂਰ ਸਾਫ਼ ਕਰੋ ਅਤੇ ਸੁਕਾਉ
- ਕੰਪੋਜ਼ੇਬਲ ਪੈਨਿੰਗ ਜਿਸ ਨਾਲ ਸਹੀਰ ਢਕਿਆ ਹੋਵੇ ਤਾਂ ਕਿ ਤੂਹਨੂੰ ਮੱਛਰ ਨਾ ਕੱਟ ਸਕੇ
- ਸੌਣ ਵੇਲੇ ਮੱਛਰਦਾਨੀ, ਮੱਛਰ ਭਜਾਉਣ ਵਾਲੀਆਂ ਕਰੀਮਾਂ ਅਤੇ ਤੇਲ ਆਦਿ ਦਾ ਇਸਤੇਮਾਲ ਕਰੋ
- ਬੁਖਾਰ ਹੋਣ 'ਤੇ ਐਸਪੀਨ ਤੇ ਬ੍ਰਾਫ਼ਟਾਬਲ ਨਾ ਲਵੋ
- ਬੁਖਾਰ ਹੋਣ 'ਤੇ ਸਿਰਫ਼ ਪੈਰਾਸੀਟਾਮੋਲ ਹੀ ਲਵੋ
- ਛੱਤ 'ਤੇ ਰੱਖੀਆਂ ਪਾਣੀ ਦੀਆਂ ਟੈਂਕੀਆਂ ਦੇ ਢੱਕਣ ਚੰਗੀ ਤਰ੍ਹਾਂ ਬੰਦ ਕਰੋ
- ਟੁੱਟੇ ਬਰਤਨਾਂ, ਫਰੀਜ਼ਾਂ ਅਤੇ ਟਾਇਰਾਂ ਆਦਿ ਨੂੰ ਖੁੱਲ੍ਹੇ ਵਿੱਚ ਨਾ ਰੱਖੋ
- ਪਾਣੀ ਜਾਂ ਤਰਲ ਚੀਜ਼ਾਂ ਜ਼ਿਆਦਾ ਪੀਉ ਅਤੇ ਆਰਾਮ ਕਰੋ

ਡੈਂਗੂ ਦਾ ਟੈਸਟ ਅਤੇ ਇਲਾਜ ਅਨੁਸਾਰੀ ਹਸਪਤਾਲਾਂ ਵਿੱਚ ਮੁਫਤ ਚੀਜ਼ਾਂ ਮੁਫਤ

ਨੈਸ਼ਨਲ ਹੈਲਥ ਮਿਸ਼ਨ ਖੇਤਰੀ ਖੇਤਰੀ ਪ੍ਰੋਗਰਾਮ, ਪੰਜਾਬ

ਸਿਹਤ ਤੇ ਪਰਿਵਾਰ ਭਲਾਈ ਵਿਭਾਗ, ਪੰਜਾਬ



DIAL 104
TOLL FREE MEDICAL HELPLINE
24/7



Panjab University Zonal Youth & Heritage Festival 2024-25: Zone 6 (Education A) Celebrates Unity and Excellence at G.H.G. Khalsa College of Education

The **Panjab University Zonal Youth & Heritage Festival 2024-25** for Zone 6 (Education A) was successfully hosted by **G.H.G. Khalsa College of Education, Guruser Sadhar, Ludhiana** from October 25 to 28, 2024. Themed **"Unity in Duty, Excellence in Service"**, the event saw 450 participants from 33 colleges coming together to showcase their talents in over 63 events.

Participating Colleges:

1. G.H.G. Khalsa College of Education, Guruser Sadhar
2. S.D.S. College of Education for Women, Loapon
3. Malwa College of Education for Women, Ludhiana
4. Malwa Central College of Education, Ludhiana
5. Gobindgarh College of Education, Alour
6. Babe Ke College of Education, Mudki
7. Mata Sahib Kaur College of Education, Patiala
8. Dev Samaj College of Education, Chandigarh
9. B.C.M. College of Education, Ludhiana
10. S.D.P. College of Education for Women, Ludhiana
11. Malwa College of Education, Kotkapura
12. Sri Guru Teg Bahadur College of Education, Seh-Ke
13. S.G.G.S. Khalsa College of Education, Mahilpur
14. Khalsa College of Education, Amritsar
15. Sant Darbara Singh College of Education for Women, Loapon
16. R.K.S.D. College of Education, Kaithal
17. D.A.V. College of Education, Hoshiarpur
18. Sant Baba Bhag Singh Institute of Education, Padhiana
19. Dashmesh Girls College of Education, Badal
20. G.H.G. College of Education for Women, Raikot
21. G.T.B. College of Education, Malout
22. B.S. College of Education, Alamwala
23. S.K.S. College of Education, Santpura, Yamunanagar
24. D.A.V. College of Education, Abohar
25. Ramgarhia College of Education, Phagwara
26. G.N. College of Education, Verka
27. Lala Lajpat Rai Memorial College of Education, Dhudike
28. S.A. Jain College of Education, Ambala
29. S.G.A.D. College of Education, Khadur Sahib
30. St. Soldier College of Education, Jalandhar
31. B.K.M. College of Education, Balachaur
32. G.H.G. Harprakash College of Education for Women, Sidhwan Khurd
33. D.M. College of Education, Moga

Duties discharged by the Faculty

To ensure the smooth conduct of the P.U. Zonal Youth Festival hosted by G.H.G. Khalsa College of Education, Gurusar Sadhar, from October 25–28, 2024, the duties for staff members **were** assigned as follows:

1. Invitation & Schedule of Function

The **Invitation & Schedule of Function Committee** handled sending invitations and managing the event's timetable. Dr. Manu Chadha, Dr. Rachhpal Singh, and Dr. Mini Sharma **were** responsible for ensuring that all invitations **were** sent on time and that the festival's schedule **was** meticulously followed.

2. Reception Committee

The **Reception Committee**, led by Dr. Manu Chadha and Dr. Rachhpal Singh, **oversaw** the arrival of guests, participants, and other dignitaries. Their role **included** welcoming attendees, ensuring smooth entry procedures, and providing any necessary assistance to the visitors throughout the event.

3. Entries/Registration Committee

The **Entries/Registration Committee managed** participant registrations, keeping track of all entries for each event. The team, comprising Dr. Ramandeep Kaur Sidhu, Dr. Jasvir Kaur, Dr. Jasbir Kaur, Dr. Jagjit Singh, Dr. Mini Sharma, and S. Chanpreet Singh, **ensured** that all participants **were** registered correctly and promptly for the events they **entered**.

4. Judges Coordination

The **Judges Coordination Committee**, led by Dr. Manu Chadha and Dr. Rachhpal Singh, **coordinated** with the judges, ensuring they **were** briefed on event protocols and provided with any necessary support. This committee **ensured** that the judges **had** all the information they **needed** to conduct the event smoothly.

5. Award of Honour/Prizes/Certificates

The **Award of Honour/Prizes/Certificates Committee**, consisting of Dr. Ramandeep Kaur Sidhu, Dr. Guneet Toor, and Dr. Jasvir Kaur, **overseen** the distribution of awards, prizes, and certificates to the winners and participants. They **were** responsible for ensuring that the awards ceremony **was** well-organized and that all winners **were** properly recognized.

6. Discipline Committee

The **Discipline Committee**, which included Dr. Jasleen Kaur, Dr. Manpreet Kaur, S. Sukhchain Singh, and S. Jagtar Singh, **ensured** that participants and attendees **followed** the rules and regulations of the event. This team **was** also responsible for maintaining order throughout the festival.

7. Stage/Decoration Committee

The **Stage/Decoration Committee handled** all aspects related to stage setup and event decor. Led by Dr. Jagjit Singh, Dr. Jasleen Kaur, Dr. Mini Sharma, Dr. Manpreet Kaur, and Ms. Ramandeep Kaur, the committee **ensured** the stage and venue **were** visually appealing and aligned with the festival's theme.

8. Seating/Sound/Light Committee

The **Seating/Sound/Light Committee**, managed by S. Sukhchain Singh, S. Jagtar Singh, S. Hardeep Singh, and S. Chanpreet Singh, **was** responsible for organizing seating arrangements, setting up sound systems, and ensuring proper lighting for the events. Their task **was** to create a comfortable and functional environment for the participants and audience.

9. Refreshment Committee

The **Refreshment Committee**, led by Dr. Jasleen Kaur, Dr. Jasbir Kaur, Dr. Manpreet Kaur, S. Harpal Singh, and S. Randhir Singh, **ensured** the availability of refreshments for all participants, judges, and staff members. This committee **made** sure that food and beverages **were** served at appropriate times during the festival.

10. Parking of Vehicles Committee

The **Parking of Vehicles Committee**, headed by Mr. Amrik Singh, Mr. Mahesh Kumar, and Mr. Ashok Kumar, **managed** the parking area for all vehicles involved in the festival. They **ensured** that parking arrangements **were** organized and that attendees and participants **had** access to sufficient parking spaces.

11. Backstage Setting Committee

The **Backstage Setting Committee**, consisting of Dr. Ramandeep Kaur, Dr. Guneet Toor, and Dr. Jagjit Singh, **was** responsible for arranging all the necessary items and equipment backstage. They **ensured** everything **was** in place for each event and that participants **had** access to what they **needed** before performing.

12. Stage Setting Committee

The **Stage Setting Committee**, led by Dr. Jasleen Kaur and Dr. Jagjit Singh, **was** in charge of the overall setup of the stage, ensuring that all decorations, props, and technical equipment **were** properly placed for each event.

13. Time Keeper

The **Time Keeper**, managed by S. Hardeep Singh and S. Chanpreet Singh, **ensured** that each event **ran** according to its scheduled time. They **monitored** event durations and **helped** maintain the festival's timeline.

14. Report Writing & Press Coverage Committee

The **Report Writing & Press Coverage Committee**, with Dr. Jagjit Singh, Dr. Mini Sharma, and Ms. Ramandeep Kaur, **was** responsible for preparing reports on the festival's progress and ensuring media coverage. This team **worked** on capturing the highlights and coverage of the event for public dissemination.

15. Record Keeping Committee

The **Record Keeping Committee**, led by S. Harpal Singh and S. Randhir Singh, **kept** detailed records of the participants, entries, and event proceedings. This committee **maintained** official documentation and **ensured** that all event-related records **were** preserved.

16. Stage Compere

The **Stage Compere** Committee, comprising Dr. Manu Chadha, Dr. Rachhpal Singh, Dr. Jasleen Kaur, Dr. Jagjit Singh, and Dr. Mini Sharma, **was** responsible for hosting and coordinating the flow of events on stage. They **introduced** speakers, **managed** transitions between events, and **kept** the audience engaged.

17. Purchase Committee

The **Purchase Committee**, headed by Dr. Manu Chadha, Dr. Rachhpal Singh, Dr. Jagjit Singh, Mr. Harpal Singh, and S. Randhir Singh, **handled** any necessary purchases required for the festival, such as materials for decoration, awards, or refreshments. They **ensured** that all procurement **was** done efficiently and within budget.

18. The **Organizing Secretaries**, Dr. Manu Chadha and Dr. Rachhpal Singh, **managed** the overall coordination of the P.U. Zonal Youth Festival, ensuring smooth execution by overseeing committees, addressing challenges, and ensuring effective communication.

19. The **Convener**, Principal Dr. Pargat Singh Garcha, **supervised** the event, providing leadership and support to ensure its success. Together, they **guided** the teams and **ensured** the festival **ran** smoothly.

20. The **Central Student Council** played a pivotal role in supporting the P.U. Zonal Youth Festival. They **assisted** in organizing various events, managing participants, and ensuring smooth transitions between activities. The council members also helped maintain discipline and provided valuable leadership in coordinating between faculty and students.

21. The **student volunteers worked** diligently behind the scenes, assisting with registration, guiding participants, managing the stage, helping with logistics, and ensuring that all aspects of the festival were well-organized. They **contributed** significantly to the success of the event through their enthusiasm, teamwork, and dedication.

Day 1: October 25, 2024**Venue wise details:****Venue I: Nihang Shamsheer Singh Hall**

- **Inauguration of Function:** Dr. Manu Chadha orchestrated the inauguration, setting the stage for the festival with an inspiring opening address.
- **Anchoring and Announcements:** Dr. Jasleen Kaur and Dr. Jagjit Singh announced the topics for the Debate, Elocution, and Installation competitions and introduced each segment of the event.
- **Events:**
 - Shabad/Bhajan
 - Group Singing (Indian)
 - Folk Song
- **Faculty In-charges:** Dr. Manu Chadha oversaw the inauguration, while Dr. Jasleen Kaur and Dr. Jagjit Singh anchored and ensured the smooth conduct of each program.

Venue II: Common Room (Hall)

- **Events:**
 - Instrumental Music (Indian): Percussion and Non-Percussion categories
 - Classical Music Vocal
 - Geet/Ghazal
- **Faculty In-charge:** Dr. Jagjit Singh was responsible for managing the flow and organization of these music events.

Venue III: Library Basement

- **Events:**
 - On-the-Spot Painting
 - Photography
 - Collage Making
 - Clay Modeling
 - Rangoli
- **Faculty In-charges:** Dr. Mini Sharma and Dr. Jasvir Kaur managed these creative art competitions, ensuring materials were prepared and participants adhered to the schedule.

Here are the results for the competitions held on Day One of the **Panjab University Zonal Youth & Heritage Festival 2024-25:**

Bhajan

- **First Place:** Govt. College of Education, Chandigarh
- **Second Place:** B.C.M. College of Education, Ludhiana
- **Third Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar

Shabad

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** Malwa College of Education for Women, Ludhiana
- **Third Place:** Partap College of Education, Ludhiana

Percussion

- **First Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar
- **Second Place:** Dev Samaj College of Education, Chandigarh
- **Third Place:** D.A.V. College of Education, Hoshiarpur

Group Singing

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** Partap College of Education, Ludhiana
- **Third Place:** B.C.M. College of Education, Ludhiana

Classical Music

- **First Place:** Partap College of Education, Ludhiana
- **Second Place:** D.A.V. College of Education, Hoshiarpur
- **Third Place:** Govt. College of Education, Chandigarh

Geet

- **First Place:** Partap College of Education, Ludhiana
- **Second Place:** D.A.V. College of Education, Hoshiarpur
- **Third Place:** (Tie) Dev Samaj College of Education, Chandigarh and G.H.G. Khalsa College of Education, Gurusar Sadhar

Ghazal

- **First Place:** Govt. College of Education, Chandigarh
- **Second Place:** B.C.M. College of Education, Ludhiana
- **Third Place:** Sri Guru Gobind Singh College of Education, Mukerian

Day 2: October 26, 2024**Venue wise details:****Venue I: Nihang Shamsher Singh Hall**

- **Events:**
 - Skit, Mimicry, Mime, One-Act Play
 - Histrionics
 - Bhand
 - Muhavredaar Vaartalap
- **Faculty In-charges:** Dr. Manu Chadha, Dr. Mini Sharma, Dr. Jagjit Singh, and Dr. Rachhpal Singh coordinated these theatrical events, ensuring timely transitions between performances.

Venue II: Debate and Literary Events

- **Events:**
 - Debate
 - Elocution
 - Poem Recitation
- **Faculty In-charge:** Dr. Jasleen Kaur oversaw these literary events, ensuring that each participant was prepared and that timings were strictly maintained.

Venue III: Library Basement

- **Events:**
 - Embroidery Competitions: Bagh, Phulkari, Dasuti/Cross Stitch
 - Crochet Work, Pakhi Designing, Knitting
 - Mehandi Designing
- **Faculty In-charges:** Dr. Jasvir Kaur and Dr. Manpreet Kaur managed these traditional art competitions, ensuring materials were available and schedules were followed.

Venue IV: Evening (Library Basement)

- **Events:**
 - Poster Making
 - Cartooning
 - Still Life Drawing
 - Installation
- **Faculty In-charge:** Dr. Mini Sharma conducted these visual arts events, ensuring each activity adhered to the timetable.
- **Library (Main) - Quiz Competitions:**
 - **Quiz Preliminary Round:** Held at 2:00 pm in the main library and supervised by Dr. Mini Sharma.
 - **Quiz Final Round:** Conducted in Hall III.

Here are the results of the various events held on Day Two of the **Panjab University Zonal Youth & Heritage Festival 2024-25:**

Skit

- **First Place:** Dev Samaj College of Education, Chandigarh
- **Second Place:** B.C.M. College of Education, Ludhiana
- **Third Place:** Govt. College of Education, Chandigarh

Mimicry

- **First Place:** A.S. College of Education, Khanna
- **Second Place:** Dev Samaj College of Education, Chandigarh
- **Third Place:** D.A.V. College of Education, Hoshiarpur

Mime

- **First Place:** Dev Samaj College of Education, Chandigarh
- **Second Place:** Malwa Central College of Education for Women, Ludhiana
- **Third Place:** A.S. College of Education, Khanna

Bhand

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** Malwa Central College of Education for Women, Ludhiana
- **Third Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar

Debate

- **First Place:** Doraha College of Education, Doraha
- **Second Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar
- **Third Place:** (Tie) Partap College of Education, Ludhiana and D.A.V. College of Education, Hoshiarpur

Day 3: October 27, 2024**Venue wise details:****Venue I: Nihang Shamsheer Singh Hall****• Events:**

- Ladies Traditional and Ritualistic Songs
- Gidha
- Folk Dance
- Bhangra

- **Faculty In-charges:** Dr. Jasleen Kaur and Dr. Rachhpal Singh oversaw these traditional Punjabi dance and music events, coordinating performances and engaging the audience.

Venue III: Library Basement**• Events:**

- Creative Writing: Essay, Poem, and Short Story (10:00 am - 12:00 noon)
- Handwriting Competition (2:00 pm - 2:40 pm)

- **Faculty In-charges:** Dr. Mini Sharma and Dr. Jagjit Singh coordinated these creative and writing-focused events, ensuring participants followed guidelines and time limits.

Here are the results of the various events conducted on **Day Three** of the **Panjab University Zonal Youth & Heritage Festival 2024-25:**

Ladies Traditional Song

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** Doraha College of Education, Doraha
- **Third Place:** (Tie) B.C.M. College of Education, Ludhiana and A.S. College of Education, Khanna

Giddha

- **First Place:** Malwa Central College of Education for Women, Ludhiana
- **Second Place:** (Tie) B.C.M. College of Education, Ludhiana and A.S. College of Education, Khanna
- **Third Place:** (Tie) Sri Guru Gobind Singh College of Education, Mukerian and G.H.G. Khalsa College of Education, Gurusar Sadhar

Creative Writing (Essay)

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar
- **Third Place:** (Tie) Guru Gobind Singh College of Education, Gondwal and G.H.G. Harparkash College of Education for Women, Sidhwan Khurd

Creative Writing (Short Story)

- **First Place:** A.S. College of Education, Khanna
- **Second Place:** Sri Guru Gobind Singh College of Education, Mukerian
- **Third Place:** (Tie) Govt. College of Education, Chandigarh and Sri Guru Gobind Singh College of Education, Mukerian

Pakhi

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar
- **Third Place:** Malwa Central College of Education for Women, Ludhiana

Day 4: October 28, 2024**Venue I: Nihang Shamsheer Singh Hall**

- **Events:**
 - Kavishri
 - Vaar Singing
 - Kali Singing
 - Folk Instruments
 - Group Folk Orchestra
 - Classical Dance
 - Group Dance (General)
 - **Valedictory Function:** Dr. Manu Chadha and Dr. Rachhpal Singh organized the valedictory function, which included prize distribution and closing remarks, bringing the festival to a celebratory end.
- **Faculty In-charge:** Dr. Jasleen Kaur coordinated all musical and dance events, ensuring the stage ran smoothly and transitions between performances were seamless.

Venue II: Library Basement

- **Events:**
 - Crafts and Heritage Skills Competitions: Guddian Patole Making, Chikku Making, Pranda Making, Naala Making, Tokri Making, Mitti de Khidaune, Khiddo Making, Peerhi Making, Rassa Vatna, and Ennu Making
- **Faculty In-charges:** Dr. Manpreet Kaur and Ms. Ramandeep Kaur oversaw these traditional craft events, preparing materials and ensuring participants stayed on schedule.

Venue III: Heritage Quiz

- **Events:**
 - Heritage Quiz Preliminary
 - Heritage Quiz Final
- **Faculty In-charge:** Dr. Jagjit Singh conducted the Heritage Quiz, managing the rounds and ensuring a fair and organized competition.

Here are the results of the events conducted on the **final day** of the **Panjab University Zonal Youth & Heritage Festival 2024-25**:

Kali Singing

- **First Place:** Dev Samaj College of Education, Chandigarh
- **Second Place:** Govt. College of Education, Chandigarh
- **Third Place:** D.A.V. College of Education, Hoshiarpur

Kavishri

- **First Place:** A.S. College of Education, Khanna
- **Second Place:** D.A.V. College of Education, Hoshiarpur
- **Third Place:** Malwa Central College of Education for Women, Ludhiana

Var Singing

- **First Place:** Govt. College of Education, Chandigarh
- **Second Place:** D.A.V. College of Education, Hoshiarpur
- **Third Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana

Heritage Quiz

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** B.C.M. College of Education, Ludhiana
- **Third Place:** (Tie) Doraha College of Education, Doraha and Govt. College of Education, Chandigarh

Tokri Making

- **First Place:** D.A.V. College of Education, Hoshiarpur
- **Second Place:** Guru Nanak College of Education, Dalewal

Chikku Making

- **First Place:** Sri Guru Gobind Singh College of Education, Mukerian
- **Second Place:** G.H.G. Khalsa College of Education, Gurusar Sadhar, Ludhiana
- **Third Place:** A.S. College of Education, Khanna

OCT, 25-28

PAGE 12









My Bharat Diwali by NSS volunteers

